

Name: _____ DOB: _____

Current Medications:

Complementary Medications: (e.g. multivitamin, fish oil etc.)

Do you have any known allergies? No Yes:

PERSONAL MEDICAL HISTORY: Have you ever had any of the following conditions? (Tick if yes)

Heart (e.g. heart attack, arrhythmia, valve problem):

Respiratory (e.g. asthma, COPD):

Gastrointestinal (e.g. reflux, inflammatory bowel disease):

Mental Health (e.g. depression, anxiety, PTSD):

Other (Please list):

SURGICAL HISTORY:

FAMILY HISTORY:

SCREENING HABITS

Date of Last: Skin Check: _____ Bowel Cancer Screen: _____

Female Patients:

Have you had a Cervical Screening Test (Pap Smear) before? No Yes – When? _____

Are you currently breastfeeding? No Yes

SOCIAL HISTORY

Marital Status: Single Married De Facto Widowed Separated **Are you an Elite Athlete?** Yes No

Accommodation: Own Home Rental Relative's Home Nursing Home Homeless Other

Lives with: Alone Spouse Relative/Parents Friend **Are you a Carer?:** Yes No

Do you have a Carer?: Yes No If yes – **Carer Name:** _____

Address: _____ **Contact No:** _____

Number of Children: _____ **Number of Grandchildren:** _____

Do you drink Alcohol? Yes No If yes, how much per week? _____

Do you smoke? Yes No If yes, how many per day? _____ **Start Year:** _____